

MODULES/UNITS

Students cover a variety of traditional sports and new upcoming sports as part of their experience. The aim is to develop skills, techniques and confidence to play sport as well as developing their knowledge and understanding of leading a healthy lifestyle. At the end of each term pupils compete in house competitions through the sports that have been studied which allows them to evaluate and assess their performances whilst enjoying friendly competitions.

Autumn Term 1 & 2

Pupils cover traditional team games that run parallel with our extensive extra-curricular program and county league competitions. These are football, netball, basketball, rugby and fitness. At the end of each term, pupils are able to take part in competitive sports within their houses.

Spring Term 1 & 2

A continuation of competitive games with a strong focus on fitness followed by another opportunity at the end of the term for in house competitions. The sports covered are badminton, volleyball, dodgeball and fitness.

Summer Term 1 & 2

Traditional summer sports are covered including cricket, rounder's, softball, tennis and athletics. The athletics shall be taught to enable pupils to appreciate the fitness components required for the sport as well as providing competition standards for the county and national tournaments.

COURSEWORK DEADLINES/EXAMS

WHEN

PROJECTS/SCHEME OF WORK/TOPICS

DURING

SPORT EDUCATION - LEADERSHIP SKILLS	AUTUMN TERM
SPORT EDUCATION - LEADING AN ACTIVITY	AUTUMN TERM
SPORT EDUCATION - EVALUATING SKILLS	SPRING TERM
SPORT EDUCATION - ANALYSIS OF PERFORMANCE	SPRING TERM
COMPETITION FORMATS	ALL TERMS
HEALTH ASSESSMENT - REPORT ON GO4SCHOOLS	NOVEMBER/MARCH

OTHER INFORMATION

Pupils have the opportunity to access a further 6 hours PE and Sports enrichment via the period 7 clubs on Tuesday and Thursday as well as breakfast sport clubs each morning.

The school is committed to participating in all league and knockout cup competitions for the traditional sports as well as providing opportunities for alternative sports such as indoor skiing, dodge ball, water skiing and many more.

All pupils will have the opportunity from year 7 to year 11 to complete the Sports Leaders course as we run three groups a year.