

MODULES/UNITS

Year 12 (2017-2018)

Unit 1 - Meeting Nutritional Needs of Specific Groups

This Unit is assessed through one written paper and a controlled assessment. Minimum of a pass in both units are required. The written paper will consist of short answer questions, extended answer questions and a case study. Pupils are allowed one re-sit opportunity in Year 13. The controlled assessment requires pupils to research, plan, make and evaluate a particular diet to produce a menu that shows high skill and a sound knowledge of Food Science and Nutrition. Pupils will gain a knowledge of Nutrition and apply this to analyse diet needs of specific groups.

Unit 2 - Ensuring Food is Safe to Eat

Pupils will explore the area of food safety and how to ensure food is safe to eat by understanding the hazards and risks involved throughout storage, preparation and cooking. Pupils will be offered a chance to obtain a Level 2 certificate in Food Hygiene and Safety.

Year 13 (2018-2019)

Unit 4 - Current issues in Food Science and Nutrition planning

Pupils will develop the skills needed to plan, carry out and present a research project on a current issue linked to food science and nutrition. This unit builds on prior learning from Unit 1 and Unit 2.

COURSEWORK DEADLINES/EXAMS

WHEN

EXAM: WRITTEN PAPER FOR UNIT 1 (1 HR 45 MINS)

JUNE 2018

CONTROLLED ASSESSMENT UNIT 1 (9 ½ HRS)

FEB - APRIL 2018 (3 ½ HOUR PRACTICAL EXAM)
10 MAY 2018 –
COURSEWORK MUST BE COMPLETED

CONTROLLED ASSESSMENT UNIT 2 (8 HRS)

MAY 2019 (8 HOUR TIMED, SUPERVISED ASSESSMENT)
DEADLINE: 30 MAY 2019

CONTROLLED ASSESSMENT UNIT 4 (14 HRS)

DEADLINE: 10 MAY 2019

PROJECTS/SCHEME OF WORK/TOPICS

DURING

CONTROLLED ASSESSMENT (UNIT 1)

AUTUMN/SPRING TERM

MACRONUTRIENTS

AUTUMN TERM

MICRONUTRIENTS

AUTUMN TERM

SCIENCE OF FOOD

AUTUMN /SPRING TERM

FOOD SAFETY (UNIT 2)

AUTUMN/SPRING/SUMMER TERM

CONTROLLED ASSESSMENT (UNIT 2)

SPRING TERM (MAY)

ANALYSING DIETS

SPRING TERM

CURRENT FOOD ISSUES

SUMMER TERM

DIETARY RELATED ILLNESSES

SPRING/SUMMER TERM

OTHER INFORMATION

Books Available from School (used in conjunction with independent research):
FOOD SCIENCE AND NUTRITION

Food & Nutrition by Anita Tull

Oxford Dictionary of Food & Nutrition AE Bender & DR Bender

Useful websites

Exam Board and Specification available:

<http://www.wjec.co.uk/qualifications/food-science-and-nutrition/food-science-and-nutrition-level-3-from-2015.html>

<http://www.bbcgoodfood.com/content/recipes/>

<http://www.bbc.co.uk/schools/gcsebitesize/design/foodtech/>

<http://www.foodforum.org.uk/ffiles/index.shtml>

<http://www.nutrition.org.uk/>

<http://www.foodafactoflife.org.uk/>

<http://www.food.gov.uk/>

<http://meatandeducation.redmeatinfo.com/>

<http://www.soilassociation.org/>